

New Beginnings

It's Easy to Reach Us!

For more information, contact:

Lynn Center
925.439.9628
300 East Leland Road
Pittsburg, CA 94565

Our New Beginnings preschool operates daily, Monday through Friday, from 9:00 a.m. until 1:30 p.m. New Beginnings therapy services are provided in the home, in the community, or in our clinical setting on an hourly, one-to-one basis.



www.ContraCostaARC.org

Licensed by the State of California Community Care Licensing.
Short-Doyle/Medi-Cal provider.
Certified by Contra Costa County Mental Health Services.

New Beginnings: One of the Contra Costa ARC family of programs.

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New Beginnings

An Early
Intervention
Program for
Children with
Social-Emotional
and Behavioral
Needs





What is New Beginnings?

New Beginnings is an intensive early intervention program for children with significant social-emotional or behavioral problems. Children may receive services at our preschool, or may receive individual services at home, in the community, or in a clinical setting.

Who We Serve

New Beginnings is designed for children from birth to six years of age who meet the eligibility criteria and need a structured program with close staff supervision.

What We Do

New Beginnings staff works with families to help children develop internal coping strategies, recognize boundaries and utilize socially appropriate behavior.

We offer the services of licensed clinical social workers, mental health therapists, teachers, and other trained staff.

The goal of the program is the child's transition into preschool and/or kindergarten programs with their typically-developing peers.

"I don't know what I would do without you and New Beginnings!"

- NEW BEGINNINGS PARENT

New Beginnings

What Services are Provided?

- Social Development
- Fine and Gross Motor Development
- Individual Play Therapy
- Family Therapy and Support
- Self-Help Skills Development
- Speech and Language Development
- Parent Education
- Transition Support

About Us

New Beginnings began in 1965 at the Lynn Center as one of Contra Costa ARC's original programs, and has provided early intervention services to hundreds of children in Contra Costa County. New Beginnings services are family-focused. Interventions and strategies respect racial, ethnic, and cultural diversity as well as unique family differences.

New Beginnings recognizes the family/professional partnership as the key to early intervention and preschool success.

"I'm so thrilled! My child is going to typical preschool with no supports!" - NEW BEGINNINGS PARENT



Eligibility

- Children from birth to six years of age.
- Children who are eligible for Medi-Cal in Contra Costa County.
- Children are typically referred to New Beginnings by preschools, physicians, or other community agencies involved with the child or family.
- Child's insurance does not cover mental health services.