

Bright Beginnings

operates in preschool settings at:

Lynn Center
30 Learning Lane
Brentwood, CA 94513

George Miller Center
3020 Grant Street
Concord, CA 94520

George Miller Center
2801 Robert Miller Drive
Richmond, CA 94806

It's Easy to Reach Us!

Children in Bright Beginnings are referred by the Regional Center of the East Bay and local school districts. For more information, contact:

Tel 925.625.4918

Fax 925.625.5785

www.ContraCostaARC.org

- Licensed by the State of California Community Care Licensing.
- Vendorized by the Regional Center of the Easy Bay.
- Certified as a nonpublic school by the California Department of Education.

Bright Beginnings: One of the Contra Costa ARC family of programs.

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Bright Beginnings

An Early
Intervention
Program for
Children with
Significant
Communication
and Social Delays





What is Bright Beginnings?

Bright Beginnings is an early intervention program for children who demonstrate unique learning styles.

We help children learn to communicate effectively and to build and establish relationships with others so that they can successfully transition into the most appropriate typical school setting.

Who We Serve

Bright Beginnings is designed for children from birth to age three (up to age 6 at Lynn Center in Brentwood, when referred by a school district, after the child turns 3) with significant communication and social delays and for those who may have a diagnosis of Regulatory Disorder or Autistic Spectrum Disorder (ASD).

What We Do

Bright Beginnings helps children learn new skills using techniques and methodologies specifically designed for each individual child.

We operate daily, Monday through Friday, in preschool settings.

*“It made me cry—
my child waved bye-bye
for the first time!”*

- BRIGHT BEGINNINGS PARENT

- We address the unique learning styles of each child.
- We design an individualized program to meet each child's needs.
- We support parents as they learn how to interact with their child most effectively.

Bright Beginnings Techniques and Methodologies

These four research-based approaches, recognized nationally as best practices, are used to meet each child's unique needs:

Treatment and Education of Autistic and Related Communication Handicapped Children (TEACCH)

This methodology emphasizes highly structured, visually-oriented learning environments. The predictability of events in a TEACCH classroom reduces anxiety and allows the child to function more independently.

Picture Exchange Communication System (PECS)

Some children have little or no verbal skills, while others with a large vocabulary may not be able to use their language functionally. PECS is a visually-based method for teaching communication. Children use pictures to ask for items—beginning with food or highly interesting toys—and gradually advance towards the use of complex verbal language.

Floor Time

All young children, including children with special needs, show their preferences through play. By following children and developing interaction based on the child's interests, early intervention specialists use Floor Time techniques in naturally-occurring circumstances as teaching opportunities.

Intensive Instruction

We use the principles of Applied Behavior Analysis (ABA) with very specific objectives and documentation to assess receptive knowledge, teach specific academic content, and to develop and maintain new skills.

*“Bright Beginnings
has empowered
our son to take
on the world”*

- BRIGHT BEGINNINGS PARENT

