



Recreation Activities

ACHIEVE TAHOE (formerly Disabled Sports USA Far West) offers winter and summer sports for youth and adults with disabilities. For more information call 530-581-4161 or www.achievetahoe.org.

AMERICAN YOUTH SOCCER ORGANIZATION VIP PROGRAM is a program that provides a quality soccer experience for players with physical or mental disabilities, ages 6 to adult. Teams are formed by age, size, and skill. For more information visit the website www.concordayso.org or call 925-338-1829.

BAY AREA OUTREACH AND RECREATION PROGRAM (BORP) offers wheelchair soccer, basketball, youth sports and adaptive cycling. For more information call 510-840-4663 or info@borp.org.

CONCORD, city offers Specialized Recreation bowling and dances for those with developmental disabilities 18 years and older. Call 925-671-3321 or visit <http://www.concordreg.org/Activities/Activities.asp?SCheck=638258922&SDT=42416.5799931713§ionId=8>.

DANVILLE, city (Recreation Activities for Developmentally Disabled) RADD program offers free movies. Check the activity guide for dates, <http://www.danville.ca.gov/recreation/> or call 925-314-3400 for more information.

EAST BAY REGIONAL PARKS DISTRICT produces a activity guide that lists all recreation programs throughout the parks system and is available at www.ebparks.org or 888-327-2757. Two play areas: [Roberts Regional Recreation Area](#) and [Temescal Regional Recreation Area](#) are wheelchair accessible. The Roberts Pool in [Roberts Regional Recreation Area](#) is fully accessible including the bathhouse and pool lift.

PLEASANT HILL, city offers dances for individuals with developmental disabilities. Call 925-682-0896 or check activity guide: www.pleasanthillrec.com/home/Attachments/Spotlight_WSI6_final-1.pdf.

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QUEST THERAPEUTIC CAMP offers day camp activities allowing children learn to have fun as counselors assist them to solve problems and increase confidence. Instructional sports help to develop increased abilities in skills and sportsmanship. Quest is for children ages 5-19 years who have special needs. For more information contact 925-743-1370 or 925-743-2900 or www.questcamps.com

RICHMOND, city DPRC (Disabled People's Recreation Center) offers services for youth aged 11-22 years of age with developmental disabilities. Call 510-620-6814 or visit www.ci.richmond.ca.us/2162/DPRC for more information.

SAN RAMON, city-Therapeutic Recreation program offers bowling and an inclusion program to assist in including children with special needs in typical classes. Call 925-973-3253 or check the activity guide: www.bluetoad.com/publication/?i=280263#%22issue_id%22:280263,%22page%22:46

SOCIAL SKILLS AND LEADERSHIP CAMP-offers Social Skills Camp for grades 3-7th; and Leadership Camp for grades 7-13. The camps are located at Blue Camp, located on the U C Berkeley Campus, and are for youth with Nonverbal Learning Disabilities, High Functioning Autism, Asperger's Syndrome, and similar social skill deficits. The kids are integrated with typically developing peers. For more information contact jenn8@berkeley.edu.

- Social Skills (SST) completed grades 3 - 7
Program Information and Sample Forms: <http://bit.ly/ssp-elem>
Actual Online Application: <http://bit.ly/ucb-ssp>
- Leadership Skills (SST-Adolescent) completed grades 8 - 13
Program Information and Sample Forms: <http://bit.ly/teen-forms>
Actual Online Application: <http://bit.ly/ssp-teen>

SPECIAL OLYMPICS offers sports throughout the year for children with special needs ages 8 years and older.

- Fall-bowling, floor hockey, soccer
- Winter-basketball
- Spring-aquatics, bocce, tennis, track & field, volleyball
- Summer-golf, softball

Each athlete must sign up ahead of time for the sport their interested in and complete the necessary paperwork to participate. For more information: 925-944-8801 ext. 245 or <http://www.sonc.org/sites/default/files/pdfpoc/SONC%20Athlete%20Application%20for%20Participation-Final.pdf>.

SPEECH PATHOLOGY GROUP offers Camp Super Communicators at Valley Verde Children's Center for ages 6-12 years. For more information: www.speechpathologygroup.com or at 925-945-1474. <http://speechpathologygroup.com/wp-content/uploads/2016/02/Camp-Super-Communicators-2016>

TRAILS TO SUCCESS offers Summer Social Skills Camp for children 6-18 years of age. For more information: 925-256-4400 or www.trailstosuccess.com.

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VIA SERVICES ALITUDE CAMP offers both a day and overnight camp for boys and girls with social cognitive challenges including: verbal and nonverbal learning disabilities, ADHD, Asperger's, and high functioning autism. Participants build social skills, independence, and self-confidence, all while enjoying a fun summer vacation and developing long lasting friendships. For more information: 408-243-7861 x 2 or <http://camp-altitude.com/about-camp-altitude/camp-altitude-day-camp/>.

WALNUT CREEK, city, Specialized Recreation offers: two Saturday trips each month; monthly dinner outings; monthly dances for those ages 18 and over; weekly activities for children; teens and young adults with special needs, including karate, yoga and cardio fitness; and weekly summer day camp. For more information: 925-256-3531 or <http://www.ci.walnut-creek.ca.us/department-services/arts-recreation-and-community-services/recreation/specialized-recreation>.

WE CARE SERVICES FOR CHILDREN offers:

- Autism week-long day camp for children ages 2 -7 years old providing recreation, social skill building and developmental activities.
- Summer preschool program that offers innovative arts and crafts projects, creative group games, cooking projects and water play. For more information: 925-671-0777 ext. 226 or www.wecarechildren.org.

XENOPHON THERAPEUTIC RIDING CENTER offers horse riding therapy sessions for children 5-18 years of age. The Riding Center is located in Orinda. For more information 925-377-0871 or <http://xenophontrc.org>.

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This list has been developed as a service to families so that they may be aware of a broad range of choices for recreational opportunities for their children. Any inclusion in Care Parent Network materials does not constitute a recommendation or endorsement. Any reference to specific commercial products, process, or service by trade name, trademark, or manufacturer, does not constitute an endorsement or recommendation by Care Parent Network. Families are urged to exercise independent judgment and request references when considering any provider, resource, treatment, therapy or the provision of services.

Some recreation programs are vendors of the Regional Center and can receive funds from the Regional Center. If your child is a Regional Center client, the service can be added to the IPP and the case manager can assist in accessing the funding for the program. Based on your child's and family's needs, out-of-home-respite hours might be able to be used to pay for the service.