

Family Support: Information, Resources, Support Groups

ABILITY TOOLS, ASSISTIVE TECHNOLOGY NETWORK

Provides accessibility tools, resources, technology to help increase independence.

Phone: 800-390-2699 (voice); 800-900-0706 (tty)

Web site: abilitytools.org/

CALIFORNIA SIDS PROGRAM (SUDDEN INFANT DEATH SYNDROME)

Information and support for families who have lost babies to SIDS.

Phone: 800-369-7437; 415-502-2825

Web site: californiasids.cdph.ca.gov/Universal/HomePage.html

CARE PARENT NETWORK

Family support, resources and training for families of children with special needs

Phone: 800-281-3023; 925-313-0999 (local)

Web site: www.CareParentNetwork.org

CENTER FOR ACCESSIBLE TECHNOLOGY (CAT)

Technology resources, hardware & software loans, newsletter, workshops.

Phone: 510-841-3224 (voice)

Web site: www.cforat.org

CHILDREN & ADULTS HAVING ATTENTION DEFICIT DISORDERS (CHADD) OF NORTHERN CALIFORNIA

Support, information, workshops, newsletter.

Web site: www.chaddnorcal.org (contact via email through web site)

COMPASSIONATE FRIENDS

Leave your name and phone number and a compassionate friend will return your call. Support groups for family members whose children have died.

Phone: 925-871-2604

Web site: www.tcfccc.org

CONTRA COSTA ARC

Programs for children & adults with developmental disabilities.

Phone: 925-370-1818

Web site: www.contracostaarc.com

CONTRA COSTA PARENTS OF MULTIPLES

Monthly meetings, social gatherings, library. Contact by email through their web site.

Web site: www.ccpom.net (contact via email through web site)

DEAF COUNSELING, ADVOCACY AND REFERRAL (DCARA)

Resources, counseling, advocacy, and referral for individuals with hearing impairments.

Phone: 510-343-6671 Family Connections Department

Web site: www.dcara.org

DOWN SYNDROME CONNECTION OF THE BAY AREA

Information, referral, support, and therapy for children with Down Syndrome.

Phone: 925-362-8660

Web site: www.dsconnection.org/

EAST BAY AGENCY FOR CHILDREN, CIRCLE OF CARE PROGRAM

Support for families coping with loss, serious illness, or trauma.

Phone: 510-531-7551 ext 3109

Web site: www.ebac.org/programs/circle/index.asp

Any inclusion in Care Parent Network materials does not constitute a recommendation or endorsement. Any reference to specific commercial products, process, or service by trade name, trademark, or manufacturer, does not constitute an endorsement or recommendation by Care Parent Network. Families are urged to exercise independent judgment and request references when considering any provider, resource, treatment, therapy or the provision of services.



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EAST BAY LEARNING DISABILITIES ASSOCIATION

Monthly meetings, workshops, and newsletter. Contact by email through their web site.

Web site: www.nceblida.org

EPILEPSY FOUNDATION OF NORTHERN CALIFORNIA

Information, referral, and support groups.

Phone: 800-632-3532; 415-677-4011

Web site: www.epilepsynorcal.org

NATIONAL FRAGILE X FOUNDATION

Information and resources.

Web site: <https://fragilex.org/>

HAND -- HELPING AFTER NEONATAL DEATH

24-hour telephone support for parents who have experienced the loss of their baby. Support groups.

Phone: 888-908-HAND (4263)

Web site: www.handonline.org

HYDROCEPHALUS ASSOCIATION

Support, information and referral for families dealing with the complex issues of hydrocephalus.

Phone: 888- 598-3789

Web site: www.hydroassoc.org

PRADER-WILLI SUPPORT GROUP

Information, support and links to families.

Phone: 800-400-9994

Web site: www.pwcf.org

THROUGH THE LOOKING GLASS

Counseling, support groups, adaptive equipment for parents with disabilities.

Phone: 800-644-2666 (voice); 510-848-1005 (TTY)

Web site: www.lookingglass.org

UNITED ADVOCATES FOR CHILDREN AND FAMILIES

Support, information and advocacy for parents of children with Attention Deficit Hyperactivity Disorder (ADHD), Autism, Bipolar Disorder, Depression, and Schizophrenia.

Phone: 877-275-8223

Web site: www.uacf4hope.org

UNITED CEREBRAL PALSY (UCP)

Programs for individuals with cerebral palsy.

Phone: 510-832-7430

Web site: www.ucpgg.org

CRISIS NUMBERS (24 hr.)

CONTRA COSTA CRISIS CENTER 1 (800) 833-2900

Suicide prevention, Crisis counseling, Grief counseling, Homeless services

POISON HELP 1 (800) 222-1222

STAND! FOR FAMILIES FREE OF VIOLENCE 1 (888) 215-5555

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