

# Early Education Resources for Families

## INFANT, TODDLER, PRESCHOOL AND CHILD CARE PROGRAMS

### 1. Programs available at low cost or no cost

Programs have family income limits and other eligibility requirements. Call the numbers below to ask about program eligibility and availability for your child.

#### ■ Head Start and Early Head Start

- Community Services Bureau Central & East County Enrollment → 925-427-8852
- Community Services Bureau West County Enrollment → 510-374-7144
- First Baptist Head Start Enrollment (Pittsburg) → 925-473-2000
- Unity Council Enrollment (Monument Corridor) → 925-798-1004

Children with IFSPs (Individualized Family Services Plans) or IEPs (Individualized Education Programs) are eligible for ½ day Head Start (at age 3) or Home-based Head Start and exempt from income limits. This exemption does not apply to full day or Early Head Start. When you call an Enrollment number, be sure to mention that your child has an IFSP or IEP. Call Care Parent Network for additional information for families of children with IFSPs and IEPs.

#### ■ California State Preschools and Other State-Subsidized Programs

Families must meet income eligibility requirements and establish a need for services (for example, parents must be working, looking for work, or attending school or a training program).

If you live in **West Contra Costa Unified School District**, visit the State Preschool Office to get an application for the district's CA State Preschools.

Address: 4300 Cutting Blvd., Richmond, CA (behind Kennedy High School)

Phone: 510-307-4585.

**For all other subsidized programs** – parents must call individual programs. Each program maintains its own eligibility list. For more information, visit the Child Care Council web site at: [www.cocokids.org](http://www.cocokids.org).

#### **West County**

Contra Costa Community College 510-235-7800 x4370  
El Nuevo Mundo (ICRI) 510-233-2329  
West Contra Costa USD see info above

#### **Central County**

Cambridge Community Center 925-798-1078  
Concord Child Care Center 925-689-5151  
Martinez Early Childhood Center 925-229-2000  
Kindango MDCCCA Holbrook 925-685-7950

#### **East County**

Child Day Schools 925-754-0144  
Oakley Unified School Dist. 925-625-6366  
Pittsburg Unified School Dist. 925-473-4370  
Starlight Academy 925-755-4543

#### **Countywide Programs**

Contra Costa Child Care Council 925-676-8570  
Parental Choice-Alternative Payment Programs  
21<sup>st</sup> Century After School 925-691-0351  
YMCA West Contra Costa 510-837-6973  
YMCA of Contra Costa 925-825-9195

### 2. Contra Costa Child Care Council

Call for referrals to child care and preschool programs in Contra Costa County. Some programs may be available at reduced cost. Parents of children with special needs may ask for an "enhanced referral" for help in finding care that meets their child's needs. The **Inclusion Project** can provide additional support.

- Central/South Area Resource and Referral Office → (925) 676-5437  
(Alamo, Concord, Danville, Lafayette, Martinez, Moraga, Orinda, Pleasant Hill, Walnut Creek, San Ramon)
- West Area Resource and Referral Office → (510) 758-5439  
(Crockett, El Cerrito, El Sobrante, Hercules, Kensington, Pinole, Richmond, Rodeo, San Pablo)
- East Area Resource and Referral Office → (925) 778-5437  
(Antioch, Bay Point, Brentwood, Byron, Discovery Bay, Oakley, Pittsburg)
- **Inclusion Project** → (925) 676-5442 ext. 3113  
Inclusion Specialist provides services to support children with special needs in child care.



Any inclusion in Care Parent Network materials does not constitute a recommendation or endorsement. Any reference to specific commercial products, process, or service by trade name, trademark, or manufacturer, does not constitute an endorsement or recommendation by Care Parent Network. Families are urged to exercise independent judgment and request references when considering any provider, resource, treatment, therapy or the provision of services.

# EARLY EDUCATION ENRICHMENT AND PARENTING RESOURCES

## 1. First 5 Centers

High-quality early learning, parent education and family literacy programs for children (birth to 5 years) and their parents. (FREE)

- Antioch First 5 Center, 512 W. 5<sup>th</sup> St., Antioch, CA. (925) 757-5303
- Bay Point First 5 Center, 3225 Willow Pass Rd., Bay Point, CA. (925) 709-0874
- Delta First 5 Center, 760 First St., Brentwood, CA. (925) 516-3880
- Monument First 5 Center, 1736 Clayton Rd., Concord, CA. (925) 849-8861
- West County First 5 Center, 2707 Dover St., San Pablo, CA. (510) 232-5650



## 2. School District Adult Education Programs

Classes in parenting skills, family relationships, school readiness, and early education enrichment activities for families; Parent-child participation classes and programs for children birth through kindergarten. Enrollment is usually open to anyone 18 years or older, but some classes may be restricted to school district residents. Class FEES are usually charged, but financial assistance may be available.

### Mt. Diablo Adult Education (Mt. Diablo Unified School District)

- For more information: call 925-685-7340, or <https://mdae-mdusd-ca.schoolloop.com/>

### West Contra Costa Adult Education (West Contra Costa Unified School District)

- For more information: call 510-215-4666 (Sierra Campus) or 510-559-2660 (Alvarado Campus), or <http://www.wccae.info/>

### Acalanes Adult Education (Acalanes Union High School District)

- For more information: call 925-280-3980, ext. 8001 or <http://www.acalanes.k12.ca.us/adulted>

### Liberty Union High School District Adult Education

- For more information: call 925-634-2565 for more information, or <http://libertyadultededu.org/>

### Martinez Adult Education (Martinez Unified School District)

- For more information: call 925-228-3276, or <http://www.martinez.k12.ca.us/schools/mae/> .
- Martinez Cooperative Preschool Programs <http://www.martinezcoopreschool.com/>

### Pittsburg Adult Education Center (Pittsburg Unified School District)

- For more information: call (925) 473-4460, or <http://www.pittsburg.k12.ca.us/paec>

## 3. C.O.P.E Family Support Center

Offers parenting classes and other family support services

Phone: (925) 689-5811 Web site: <http://www.copefamilysupport.org>

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