

Community Resources: Health Insurance & Care Services

FINDING HEALTH INSURANCE

CONTRA COSTA HEALTH COVERAGE

In Contra Costa County, call Patient Financial Counseling for information about health coverage programs.

Call for information or enrollment: 800-771-4270

Web site: cchealth.org/insurance/

<u>PROGRAMS</u>	<u>DESCRIPTION</u>	<u>FOR INFORMATION OR TO APPLY</u>
Medi-Cal	Medical, dental & vision insurance for low-income families; undocumented children can receive emergency services.	800-709-8348
Kaiser Permanente Child Health Plan	Private medical & dental insurance for middle-income children 0-18 not eligible for Medi-Cal; undocumented children are eligible.	800-464-4000
Basic Health Care	Temporary health coverage for US citizens and permanent legal residents and children under age 19 who are not permanent legal residents	800-771-4270

COVERED CALIFORNIA

Marketplace for affordable, quality health care, including Medi-Cal. Financial assistance available for those meeting income guidelines.

Call for information or enrollment: 800-300-1506 (English); 800-300-0213 (Spanish); 888-889-4500 (TTY)

Web site: www.coveredca.com See web site for phone numbers for other languages.

FINDING HEALTH CARE

LOOKING FOR HEALTH CARE OR HEALTH INFORMATION?

- **211** -- 24-hour information about local health and human services – just dial 211
- **Contra Costa Health Services Financial Counselors** – 800-771-4270 -- Information on health care coverage & referrals
- **Contra Costa Health Plan Advice Nurse** – 877-661-6230 -- Answers to health-related concerns
- **Health Emergency Information** – 888-959-9911 or 211 -- Pre-recorded hotline with emergency health information

CALIFORNIA CHILDREN SERVICES (CCS)

Specialized medical care, treatment and therapy services for eligible children under 21.

Address: 597 Center Avenue, Suite 110, Martinez, CA 94553

Call for information or to refer a child for services: 925-957-2680; Fax: 925-372-5113

Web site: www.cchealth.org/services/ca_childrens_services/

CHILD HEALTH AND DISABILITY PREVENTION PROGRAM (CHDP)

Preventive health care for children 0-21 with Medi-Cal or eligible for Medi-Cal; free health check-ups for children in Head Start and State Preschool programs, foster care.

Call to schedule appointment if child has health insurance: 800-495-8885

Call to determine eligibility if child does not have health insurance: 925-313-6150

Web site: cchealth.org/chdp/

CONTRA COSTA COUNTY HEALTH CENTERS AND PUBLIC HEALTH CLINICS

Primary medical care, well child check-ups, child health screening, immunizations and other health services.

Call for general information: 925-957-5400

Call for appointments (all clinics), call: 800-495-8885.

Web site: www.cchealth.org/services/centers_clinics/

CONTRA COSTA HEALTH SERVICES ADVICE NURSE

Health advice over the telephone; no health insurance required. Call: 877-661-6230

Any inclusion in Care Parent Network materials does not constitute a recommendation or endorsement. Any reference to specific commercial products, process, or service by trade name, trademark, or manufacturer, does not constitute an endorsement or recommendation by Care Parent Network. Families are urged to exercise independent judgment and request references when considering any provider, resource, treatment, therapy or the provision of services.

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FINDING HEALTH CARE (Continued)

CONTRA COSTA REGIONAL MEDICAL CENTER (CCRMC)

Full service hospital offering a complete array of health care services to County residents regardless of ability to pay.

Address: 2500 Alhambra Avenue, Martinez, CA 94553

Call for general information, call: 925-370-5000; 925-646-4303 (TTY)

Call for appointments: 800-495-8885.

Web site: www.cchealth.org/medical_center/

CLINIC FOR ASD & ADHD DIAGNOSTICS

Neurodevelopmental evaluations to rule out Autism Spectrum Disorder (ASD) and Attention Deficit Hyperactivity Disorder (ADHD); psychosocial assessment; motor and sensory issues. Requires health insurance through Medi-Cal or Contra Costa Health Plan.

Call for information: 925-370-5025

Call for referral and intake: 925-370-5490

CONTRA COSTA COUNTY PUBLIC HEALTH NURSES

Home visits to low-income clients with focus on new mothers and newborns, high risk pediatric clients, and women with perinatal depression. Assessment of medical and other needs.

Call for information: 925-313-6626

Call for referral and intake: 925-313-6924

Web site: cchealth.org/phn/

FAMILY HEALTH CLINICS -- Provide primary health services regardless of insurance or immigration status; Provides help enrolling in Covered California and Medi-Cal.

Brighter Beginnings Richmond Macdonald Center - Walk-ins welcome, or call 510-213-6681 for an appointment

Brighter Beginnings Antioch Buchanan Center - Walk-ins welcome, or call 925-303-4780 for an appointment

MOBILE CLINICS -- Provide free medical care, evaluation & referral, assistance with Medi-Cal eligibility

Health Care for the Homeless Van: Free general medical care. For locations, days, times, call: 211

John Muir Mobile Health Clinic (East Contra Costa County, Saturdays). Primary care, care for illness & injury.

Drop-in clinic registration until all clinic spots are filled for the day.

Call 925-941-7904

RotaCare Bay Area Clinic (Pittsburg, Wednesday evenings & Saturday mornings). Primary care.

Call 925-439-2009 for appointments.

Web site: www.rotacarebayarea.org/clinics/pittsburg.html

RotaCare Bay Area Clinic (Concord, Tuesday & Thursday evenings) Primary care.

Call 925-429-6409 for locations & appointments.

Web site: www.rotacarebayarea.org/clinics/concord.html

OPERATION ACCESS -- Nonprofit organization that provides free outpatient surgeries to eligible low-income patients who are uninsured and unable to obtain insurance. Referral from physician is required.

Call for information: 415-733-0080

Web site: www.operationaccess.org

CRISIS NUMBERS (24 hr.)

CONTRA COSTA CRISIS CENTER -- Crisis counseling and suicide prevention: 800-833-2900

Grief counseling: 800-837-1818

POISON HELP -- 800-222-1222

STAND! FOR FAMILIES FREE OF VIOLENCE -- 888-215-5555

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