

Care Parent Network IEP Worksheet

Son's/Daughter's Name _____

Special Need(s)/Disability _____

A. Describe your son/daughter. Include his/her likes, dislikes, personality, favorite activities, employment interests (students of transition age), relationships with siblings/family members.

B. List three areas of strength for your son/daughter.

- a. _____
b. _____
c. _____

C. List three areas that worry you.

- a. _____
b. _____
c. _____

D. Think about the information you have about your son/daughter (e.g., based on assessments, based on your knowledge). What areas of need should be addressed in the education setting?

- a. _____
b. _____
c. _____

E. In each of the following areas, try writing a broad goal and 1-2 objectives that you would like included on the IEP.

SOCIAL SKILLS

EXAMPLE Goal: We want Angela to socialize with classmates at school.

EXAMPLE Objectives:

1. She will learn how to approach another student and start a conversation.
2. She will learn how sustain a conversation of 3 back-and-forth exchanges.

Goal: _____

Objectives: _____

SELF-HELP SKILLS

Goal: _____

Objectives: _____

LANGUAGE/COMMUNICATION SKILLS

Goal: _____

Objectives: _____

MOTOR SKILLS

Goal: _____

Objectives: _____

THINKING SKILLS

Goal: _____

Objectives: _____

PREPARING FOR TRANSITION TO ADULTHOOD

Goal: _____

Objectives: _____

Based on your understanding of your son's/daughter's disability, what services or supports do you think he/she needs, and why? (Examples: speech therapy, occupational therapy, physical therapy, adaptive physical education, orientation and mobility, counseling, behavioral training, one-to-one aide, etc.)

List any other things you think should be added to the IEP. (Example: transportation, extended year, etc.)

Is there any other information about your son/daughter that is important for the IEP team to know, such as special health care needs?

Things you need to do before your IEP meeting to be ready. (See "Being an Effective IEP Team Member: A Checklist for Parents" for examples.)

Questions to be answered or additional information needed before the IEP meeting.

