

What is Contra Costa ARC?

We are a nonprofit community-based organization – our mission is to enhance and enrich the lives of children with special needs and adults with intellectual and developmental disabilities, including autism, cerebral palsy, epilepsy, and similar conditions. Toward that end, we provide direct services and advocacy to assist those we serve in achieving their highest level of personal independence and self-sufficiency.

We are family based – Contra Costa ARC was founded by parents and family members of people with intellectual and developmental disabilities. Their vision guides everything we do. Family members serve on our Board of Directors, and individuals receiving services elect representatives to a Board Advisory Committee. Much of our support comes from families and friends of people with intellectual and developmental disabilities.

We are experienced doing what we do, and we do it well – Contra Costa ARC was incorporated in 1965, and since then we've become a leader in the field, supporting people with intellectual and developmental disabilities. We are known for providing high quality, cost-effective services. We serve over 1,000 children and adults in Contra Costa County every day.

We provide a wide range of opportunities for people with intellectual and developmental disabilities. Our array of early intervention services includes a unique and highly respected program for children on the autism spectrum. We support hundreds of individuals to access their communities every day. We are the largest employer of people with intellectual and developmental disabilities in the East Bay.

We are a financially responsible nonprofit organization – we stretch our budget as far as it can be stretched. We don't cut corners on the quality of our services, but we cut back expenses wherever they can be cut, and we make every dollar of every contribution count.

We work hard to be as self-sufficient as possible – we operate our own assembly, packaging, and direct mail business through our Commercial Support Services program, and we generate substantial support from our Good Stuff Thrift Shop in El Cerrito. Every dollar of revenue directly supports our programs.

Contra Costa ARC is a partnership between the public and private sectors – much of our funding comes from government sources, but a significant part is self-generated or comes from our friends in the community. In fact, we depend upon support from the community to continue operating. We invite you to become a part of that support.

Contra Costa ARC – Advocacy, Respect, Commitment

www.ContraCostaARC.org

***With 50 years of
service to our
community***



***Operating the
George Miller Centers
since 2005***

What does Contra Costa ARC do?

We provide services, support, and advocacy for over 1,000 individuals every day at 13 agency locations and in hundreds of homes, businesses, and community settings, county-wide.

Children's Services providing early intervention services for children up to 5 years of age in preschool, home, community, and clinical settings. Agency locations at Lynn Center in Pittsburg, and the George Miller Centers in Concord and Richmond. Our intensive child and family-centered programs include:

- *Bright Beginnings*, for children with significant communication and social delays.
- *Great Beginnings*, for children who have developmental delays or those who are at risk.
- *New Beginnings*, for children with social-emotional and behavioral challenges.
- *Wraparound*, intensive support for families of young children with complex needs.
- Specialized Children's Mental Health Programs, in a variety of community settings:
 - *Next Steps*, meeting the needs of young children whose parents are in recovery from dependence on alcohol or other drugs.
 - *Child Care Solutions*, assisting local preschool and day care providers to successfully serve children with significant social-emotional and behavioral challenges.

Family Support Services for parents and family members of children with special needs.

- *Care Parent Network*, a parent-directed county-wide resource center designed to provide information, referrals, training, peer support, and practical advice to families of children with special needs. Based in Martinez.
- *After-School program*, available for working parents of students age 11-22, with special needs, providing enriching activities designed to reinforce the educational and behavioral objectives of the student and family. Located at the George Miller Centers in Concord and Richmond.

Employment Services for adults. Commercial Support Services provides job training, community employment, and on-going career support.

- *Production centers* located in Antioch, Concord, and Richmond.
- *Community employment* at hundreds of local business and industry locations county-wide.

Community Access Services for adults, providing individualized services that promote participation in a wide variety of community activities for individuals with severe and multiple disabilities.

- *Community Access Programs (CAP)* located in Antioch, Concord, and Richmond.
- *George Miller Center Adult programs* located in Concord and Richmond.
- *ARC Inroads*, participant-directed community-based services county-wide.
- *ARC Access*, home and community-based services for individuals with significant medical conditions living in Alameda and Contra Costa counties.
- *Asian Family Resource Center (AFRC)* located in Richmond, providing multi-lingual, multi-cultural services for Asians with developmental disabilities and their families.

Our Vision

*Those we serve can depend on us to be here, helping to meet their needs and realize their dreams.
We offer integrity, stability, and innovation. We always have and always will.*

The generous support of our friends, family members, and local community groups is vital for our success.